# **Bassetts Ice Cream**

# Nutritional and Ingredient Data



## POMEGRANATE BLUEBERRY CHUNK

## **NUTRITION FACTS**

| Serving Size ½ cup (            | ½ cup (77g)           |  |  |
|---------------------------------|-----------------------|--|--|
| Amount Per Serving Calories 210 | Calories from Fat 100 |  |  |
|                                 | % Daily Value*        |  |  |
| Total Fat 11g                   | 17%                   |  |  |
| Saturated Fat 7g                | 36%                   |  |  |
| Trans Fat 0g                    |                       |  |  |
| Cholesterol 35mg                | 12%                   |  |  |
| Sodium 40mg                     | 2%                    |  |  |
| Potassium 120mg                 | 3%                    |  |  |
| Total Carbohydrates 25g         | 8%                    |  |  |
| Dietary Fiber 0g                | 0%                    |  |  |
| Sugars 19g                      |                       |  |  |
| Protein 3g                      |                       |  |  |
| Vitamin A 6%                    | • Vitamin C 2%        |  |  |
| Calcium 8%                      | • Iron 4%             |  |  |

<sup>\*</sup>Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    | Calories: | 2,000   | 2,500   |
|--------------------|-----------|---------|---------|
| Total Fat          | Less than | 65g     | 80g     |
| Sat Fat            | Less than | 20g     | 25g     |
| Cholesterol        | Less than | 300mg   | 300mg   |
| Sodium             | Less than | 2,400mg | 2,400mg |
| Potassium          |           | 3,500mg | 3,500mg |
| Total Carbohydrate |           | 300g    | 375g    |
| Dietary Fiber      |           | 25g     | 30g     |
|                    |           |         |         |

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

#### **INGREDIENTS**

Cream, Milk, Pomegranate Blueberry Variegate (Corn Syrup, Water, Blueberries, Modified Corn Starch, Pomegranate Juice Concentrate, Sugar, Natural Flavors, Citric Acid, Guar Gum, F.D.&C. Red No. 40), Sugar, Pomegranate Puree (Water, Corn Syrup, Sugar, Pomegranate Juice Concentrate, Modified Corn Starch, Natural Flavor, Citric Acid, F.D.&C. Red No. 40), Chocolate Chips (Sugar, Coconut Oil, Cocoa Processed with Alkali, Palm Kernal Oil, Cocoa, Milkfat, Soy Lecithin, Natural Flavors), Corn Syrup, Nonfat Milk, Guar Gum, Xanthan Gum, Carrageenan, Soy Lecithin

#### Allergen Alert: Contains Milk, Soy and Coconut

Manufactured on equipment that is used to process other allergens.