

Bassetts Ice Cream

Nutritional and Ingredient Data



MANGO

NUTRITION FACTS

Serving Size ½ cup (77g)

Amount Per Serving

Calories 180 Calories from Fat 90

		% Daily Value*
Total Fat	10g	16%
Saturated Fat	7g	33%
Trans Fat	0.5g	
Cholesterol	65mg	22%
Sodium	40mg	2%
Potassium	135mg	4%
Total Carbohydrates	20g	7%
Dietary Fiber	0g	0%
Sugars	16g	
Protein	3g	

Vitamin A	8%	•	Vitamin C	2%
Calcium	10%	•	Iron	4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Potassium			3,500mg	3,500mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS

Cream, Milk, Mango Puree (Water, Sugar, Pureed Mango, Modified Corn Starch, Mango Flavor with Other Natural Flavors, Citric Acid, Annatto), Sugar, Corn Syrup, Nonfat Milk, Natural Mango Flavor (Mango flavor with Other Natural Flavors, Citric Acid, Annatto), Turmeric Extract (Color), Guar Gum, Xanthan Gum, Carrageenan, Soy Lecithin

Allergen Alert: Contains Milk and Soy

Manufactured on equipment that is used to process other allergens.