

Bassetts Ice Cream

Nutritional and Ingredient Data



DOUBLE CHOCOLATE

NUTRITION FACTS

Serving Size ½ cup (77g)

Amount Per Serving

Calories 190 Calories from Fat 100

		% Daily Value*
Total Fat	11g	18%
Saturated Fat	7g	36%
Trans Fat	0.5g	
Cholesterol	40mg	14%
Sodium	60mg	2%
Potassium	140mg	4%
Total Carbohydrates	21g	7%
Dietary Fiber	1g	5%
Sugars	14g	
Protein	3g	

Vitamin A	8%	•	Vitamin C	2%
Calcium	8%	•	Iron	8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS

Cream, Milk, Sugar, Chocolate Flavor (Corn Syrup, Water, High Fructose Corn Syrup, Cocoa Processed with Alkali, Caramel Color, Salt, Citric Acid, Artificial Flavor), Corn Syrup, Cocoa Processed with Alkali, Nonfat Milk, Guar Gum, Xanthan Gum, Carrageenan, Soy Lecithin

Allergen Alert: Contains Milk and Soy

Manufactured on equipment that is used to process other allergens.