

# Bassetts Ice Cream

## Nutritional and Ingredient Data



### CINNAMON

#### NUTRITION FACTS

Serving Size ½ cup (77g)

Amount Per Serving

**Calories** 200

Calories from Fat 110

		<b>% Daily Value*</b>
<b>Total Fat</b>	13g	19%
Saturated Fat	8g	40%
Trans Fat	0.5g	
<b>Cholesterol</b>	50mg	17%
<b>Sodium</b>	45mg	2%
<b>Potassium</b>	150mg	4%
<b>Total Carbohydrates</b>	19g	6%
Dietary Fiber	0g	0%
Sugars	14g	
<b>Protein</b>	3g	

Vitamin A 10%

• Vitamin C 2%

Calcium 10%

• Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

### INGREDIENTS

Cream, Milk, Sugar, Corn Syrup, Nonfat Milk, Ground Cinnamon, Guar Gum, Xanthan Gum, Carrageenan, Soy Lecithin, F. D. & C. Red No. 40, F. D. & C. Blue No. 1, F. D. & C. Yellow No. 5, F. D. & C. Green No. 3

**Allergen Alert: Contains Milk and Soy**

Manufactured on equipment that is used to process other allergens.