

Bassetts Ice Cream

Nutritional and Ingredient Data



CHOCOLATE PEANUT BUTTER

NUTRITION FACTS

Serving Size ½ cup (77g)

Amount Per Serving

Calories 230

Calories from Fat 140

		% Daily Value*
Total Fat	15g	24%
Saturated Fat	7g	36%
Trans Fat	0.5g	
Cholesterol	40mg	14%
Sodium	90mg	4%
Potassium	110 mg	3%
Total Carbohydrates	20g	7%
Dietary Fiber	1g	6%
Sugars	13g	
Protein	4g	

Vitamin A 8%

• Vitamin C 2%

Calcium 8%

• Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Potassium			3,500mg	3,500mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9

• Carbohydrate 4

• Protein 4

INGREDIENTS

Cream, Milk, Sugar, Peanut Butter (Peanuts, Peanut Oil, Sugar, Salt), Corn Syrup, Cocoa Processed with Alkali, Nonfat Milk, Guar Gum, Xanthan Gum, Carrageenan, Soy Lecithin

Allergen Alert: Contains Milk, Peanut Butter and Soy

Manufactured on equipment that is used to process other allergens.