

Bassetts Ice Cream

Nutritional and Ingredient Data



BUTTER PECAN

NUTRITION FACTS

Serving Size ½ cup (77g)

Amount Per Serving

Calories 220 Calories from Fat 140

		% Daily Value*
Total Fat	15g	23%
Saturated Fat	8g	39%
Trans Fat	0.5g	
Cholesterol	45mg	16%
Sodium	55mg	2%
Potassium	160mg	5%
Total Carbohydrates	18g	6%
Dietary Fiber	less than 1g	2%
Sugars	14g	
Protein	3g	

Vitamin A 8% • Vitamin C 2%
 Calcium 10% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Potassium			3,500mg	3,500mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS

Cream, Milk, Sugar, Corn Syrup, Buttered Pecans (Pecans, Cottonseed Oil, Butter, Salt), Nonfat Milk, Guar Gum, Xanthan Gum, Carrageenan, Soy Lecithin

Allergen Alert: Contains Milk, Soy and Pecans

Manufactured on equipment that is used to process other allergens.