

# Bassetts Ice Cream Company

## Nutritional and Ingredient Data



### PEACH YOGURT

#### NUTRITION FACTS

Serving Size ½ cup (67g)

Amount Per Serving

**Calories** 90                      Calories from Fat 20

		<b>% Daily Value*</b>
<b>Total Fat</b>	2.5g	4%
Saturated Fat	1.5g	7%
Trans Fat	0g	
<b>Cholesterol</b>	10mg	3%
<b>Sodium</b>	55mg	2%
<b>Potassium</b>	130mg	4%
<b>Total Carbohydrates</b>	16g	5%
Dietary Fiber	0g	0%
Sugars	13g	
<b>Protein</b>	2g	

Vitamin A	2%	•	Vitamin C	2%
Calcium	8%	•	Iron	2%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

### INGREDIENTS

Milk, Sugar, Diced Peaches (Peaches, High Fructose Corn Syrup, Modified Corn Starch, Peach Flavor with Other Natural Flavors, Xanthan Gum, Guar Gum, Annatto), Corn Syrup, Nonfat Milk, Cream, Whey, Natural Flavor (Natural Flavor, Annatto, Caramel Color), Mono and Diglycerides, Cellulose Gum, Guar Gum, Polysorbate 80, Carrageenan. Contains live yogurt cultures.

**Allergen Alert: Contains Milk**

Manufactured on equipment that is used to process other allergens.