

# Bassetts Ice Cream Company

## Nutritional and Ingredient Data



### FRENCH VANILLA

#### NUTRITION FACTS

Serving Size ½ cup (77g)

Amount Per Serving

**Calories** 220                      Calories from Fat 130

		<b>% Daily Value*</b>
<b>Total Fat</b>	14g	21%
Saturated Fat	9g	43%
Trans Fat	0.5g	
<b>Cholesterol</b>	90mg	30%
<b>Sodium</b>	50mg	2%
<b>Potassium</b>	150mg	4%
<b>Total Carbohydrates</b>	19g	6%
Dietary Fiber	0g	0%
Sugars	14g	
<b>Protein</b>	3g	

Vitamin A	10%	•	Vitamin C	2%
Calcium	10%	•	Iron	4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

#### INGREDIENTS

Cream, Milk, Sugar, Corn Syrup, Nonfat Milk, Egg Yolk, Vanilla, Guar Gum, Xanthan Gum, Carrageenan, Soy Lecithin, Annatto, Vanilla Bean

**Allergen Alert: Contains Milk, Soy and Eggs**

Manufactured on equipment that is used to process other allergens.