

# Bassetts Ice Cream Company

## Nutritional and Ingredient Data



### DOUBLE CHOCOLATE CHIP

#### NUTRITION FACTS

Serving Size ½ cup (77g)

Amount Per Serving

**Calories** 200

Calories from Fat 110

		% Daily Value*
<b>Total Fat</b>	12g	18%
Saturated Fat	7g	37%
Trans Fat	0g	
<b>Cholesterol</b>	40mg	13%
<b>Sodium</b>	55mg	2%
<b>Potassium</b>	130mg	4%
<b>Total Carbohydrates</b>	22g	7%
Dietary Fiber	1g	6%
Sugars	15g	
<b>Protein</b>	3g	

Vitamin A 8%

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Vitamin C 0%

Calcium 8%

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Iron 10%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9

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Carbohydrate 4

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Protein 4

#### INGREDIENTS

Cream, Milk, Sugar, Chocolate Flavor (Corn Syrup, Water, High Fructose Corn Syrup, Cocoa Processed with Alkali, Caramel Color, Salt, Citric Acid, Artificial Flavor), Corn Syrup, Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, Vanilla), Cocoa Processed with Alkali, Nonfat Milk, Guar Gum, Xanthan Gum, Carrageenan, Soy Lecithin

**Allergen Alert: Contains Milk and Soy**

Manufactured on equipment that is used to process other allergens.